

Tips for parents and caregivers

Pool Safety

Please do not allow your child to enter the pool prior to the lesson, without the teachers permission

The reluctant child

If your child is new to lessons or reluctant to get in the pool, please feel free to bring your togs and get into the pool with them. This may only be needed once, or maybe a bit longer, but it can greatly reduce their stress and make them enjoy the experience that much more.

Feeding

Swimming can take a lot out of you and although you don't realise it, your child is probably working up quite a sweat.

Feeding your child before they come may give them an extra boost of energy, but please leave a half hour break before the lesson to prevent mishaps. Feel free to bring a snack and drink to refuel those little bodies after the lesson.

Welcome to Water Development - term 2 with Ann-Maree



Hello and welcome to term 2 at Wharenui Pool. I was thrilled to be back in the pool after our lengthy closure and hope everyone has lots of fun this term

During our break I've been busy learning more about how our children develop and learn, and hope to introduce different activities to our classes this term. The key to some of these activities are fundamental movement skills which are thought to be crucial in brain

Plunket Groups

If you belong to a plunket or coffee group and would like me to come and talk about things you can do at home to prepare your children for the water, please let me know.

development in the early years. I also hope they add a bit more fun to a lesson, as the more your child enjoys their lesson, the more they learn.

Lastly, please feel free to talk to me before or after the lesson, if your child has any special requirements or concerns .

I value your feedback and am happy to explain why we teach certain things and how they fit into the programme designed to develop your child's awareness around water.

Your children are important to us and we want to offer them a safe and fun environment to learn the aquatic skills they will have for life.



Ann-Maree demonstrating a skill to her class, using a doll. Ann-Maree is fully qualified in the teaching of babies and preschoolers and is currently working towards the teaching of disabled swimmers.